

Making every Contact Count

Supporting Better Health Literacy – a free training workshop for anyone working in a primary care health & wellbeing setting

*Health literacy is about **patients and citizens** having the knowledge, skills, understanding and confidence they need to be able to use health and care information and services.*

Integrated Care Partnerships are offering free Health Literacy training workshops across Northern Ireland for anyone working in a primary care health & wellbeing setting, delivered by Belfast Healthy Cities and the Community Development & Health Network.

If you work within a GP practice or a community pharmacy, dental surgery or an ophthalmic practitioners or if you work to promote health and wellbeing within the community and voluntary sector or through a local council initiative then this training is open to you.

People with limited health literacy can encounter problems; accessing, understanding and appraising health information and experience poorer health outcomes. Those working in health settings can lessen the impact of low health literacy but might not fully understand the problem and may lack the necessary skills.

The full day workshop aims to help you learn; what health literacy is, to better understand the impact of low health literacy, and to apply your learning to help you to be more effective in your work with patients, carers, service users, citizens and communities.

Details of the sessions are listed below, you can register on Eventbrite

<https://www.eventbrite.co.uk/> (search for making Every Contact Count) or by emailing Jessica.McGurk@hscni.net

Southern

Thursday 21st March 2019 – John Paul Conference Suite, Newry Conference & Banqueting Centre, 39-41 The Mall, Newry

Tuesday 2nd April 2019 – Armagh City Hotel, 2 Friary Road, Armagh

Belfast

Tuesday 9th April 19 – Boardroom, Beechlawn Hotel, 4 Dunmurry Lane, Belfast

Monday 29th April 19 – Lecture room 1, Riddel Hall, Stranmillis Road, Belfast

Tuesday 14th May 19 – Confex Suite, Stormont Hotel, Upper Newtownards Rd, Belfast

Wednesday 22nd May 19 – Conference Room B, NICVA, Duncairn Gardens Belfast

South Eastern

Thursday 28th March 2019, Resurgam 3D Youth Centre (Room no.6), 69 Drumbeg Drive, Lisburn BT28 1NY

Thursday 4th April 2019, Sketrick House (Seminar room), Ards Business Centre 16 Jubilee Road, Newtownards BT23 4YH

Thursday 11th April 2019, St Patricks Centre (Education Room), Saint Patrick's Square Market Street, Downpatrick, BT30 6LZ

Tuesday 16th April 2019, Signal Centre (Suite 2), 2 Innotec Drive Balloo Road, Bangor BT19 7P

Northern

Tuesday 12th March 19 - The Learning Zone, The Braid, Ballymena Town Hall, Museum & Arts Centre, 1-29 Bridge Street, Ballymena BT43 5EJ

Thursday 18th April 19 - The Spinning Room, Mossley Mill, Carnmoney Road North, Newtownabbey BT36 5QA

Wednesday 15th May 19 - Portballintrae Village Hall, Beach Road, Bushmills BT57 8US

Tuesday 21st May 19 - The Training Room, Mid Ulster Council HQ Magherafelt, Ballyronan Road, Magherafelt BT45 6E

Western

Wednesday 27th March, North West Enterprise Centre, Skeoge Industrial Estate, Derry

Wednesday 17th April, Tara Centre, Omagh