



Health and
Social Care



Do **NOT** enter the pharmacy if you
have any symptoms of **COVID-19**

- High temperature
- New continuous cough
- Loss of or change in sense of taste or smell

Pharmacy First for sore throats and common cold

Ask your pharmacist **FIRST** for
free and confidential advice
and treatment for sore throat
& common cold symptoms



**SAVE
TIME AND
AVOID
WAITING
TO SEE
A GP**





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Sore throat & common cold

- 1. Contact your
community pharmacy
(preferably by phone)**
- 2. Ask to speak to the
pharmacist**

You will get:

- To speak to the pharmacist
in private**
- Advice**
- Free medication to alleviate
your symptoms, if needed**

